WEARING O’ THE GREEN

Tuesday Luncheon
March 15 • Noon-1:30 pm
$10 members / $12 non-members
For most people, St. Patrick’s day marks the one day when everyone can be Irish. But you don’t need to go to an Irish pub or Ireland. Just come to Southside’s March 15th luncheon, wear something green to show your “rebellious side” (see below), eat traditional corned beef and cabbage, sip a green beer or “Irish Clover” (a specialty cocktail), and listen to Irish music.

In addition to corned beef and cabbage, the following will be served: boiled potatoes and carrots, soda bread, assorted sausages, green vegetable medley, hard rolls and butter and green/white cupcakes.

There will also be door prizes, Gift Card Giveaways and a 50/50 raffle.

“The Wearing of the Green”

“The Wearing of the Green” is a traditional Irish folksong that dates back to the Irish Rebellion of 1798, when the Irish rose up against the British. At that time, wearing green clothing or shamrocks was considered a rebellious act in and of itself, potentially even punishable by death. The song clearly mocks that policy, and its popularity in its day (and even now) enshrined the color green and the shamrock as important symbols of Irish pride.

The words of the first verse of the folksong are:

Oh, Paddy dear, did you hear the news that’s going ‘round? Saint Patrick’s Day no more to keep, his color can’t be seen For there’s a bloody law again’ the Wearing of the Green.

Gerald O’Hara sings this tune while escorting his daughters to the barbecue at Twelve Oaks in Chapter 5 of Margaret Mitchell’s Gone with the Wind.
President’s Message—What’s Next?

I am very happy to announce that our fundraising campaign resulted in donations of $21,150. Thank you, again, for your support of the Center.

Some of those donations were for specific projects and improvements, and I can report that we have:

- Contracted with an outside accountant to evaluate our QuickBooks accounting procedures and make recommendations for improved accounting practices.
- Purchased a new big screen projector that enhances our events and benefits our rental program.
- Started work with a website development organization for nonprofits to update and improve our website and add secure, online financial transactions.

Our plan was to end the fundraising campaign at the end of January, but I've asked for an extension as we explore meeting our $35,000 fundraising goal by applying for specific grants from local foundations.

We had more than 100 people attend the January luncheon! It was wonderful to be a part of such an energetic, enjoyable group.

Over the last months, we’ve added many new members and I see many new volunteers at events and meetings. It’s truly exciting! Thank you for your energy and your vitality.

Jeff Olson, President

Welcome to Megaen Childress and Bob LaPointe
New Members of the Board of Directors

Thanks to Megaen Childress and Bob LaPointe who joined the Board of Directors on February 9 to fill empty seats until the election in November. They bring valuable experience and skills that will benefit the Center in many ways.

Megaen Childress is an attorney in Spokane with her own firm, Paladin Childress Law Office, PLLC, where the focus of her work is estate planning, elder law, probate, and business consultation and related litigation. She earned her J.D. from Gonzaga University School of Law with additional courses in tax and finance at Gonzaga’s Graduate School of Business. She is a Spokane native and enjoys spending time with her husband and children.

Robert LaPointe previously served on the Center’s Board in 2014. Prior to retirement, Bob was Gonzaga’s first Director of Development. As the Assistant Vice President of University Relations, he oversaw annual and planned giving, major gifts and law and athletic development. Bob came from UCLA where he was Director of Development for the School of Engineering and Applied Science. A graduate of the University of New Hampshire, he had been involved in higher education development for 25 years. Bob and wife, Karen, have an adult son and two adult daughters. They enjoy golf and traveling.

Jeff Olson, President
Volunteer Coordinator Needed!
The Center is accepting applications for a Volunteer Coordinator. This is a volunteer position where you set your own schedule. The coordinator is responsible for recruiting and organizing volunteers for various activities, projects and committees to help accomplish the goals of the Center (other than the front desk ambassadors).

The Center has a busy schedule and the coordinator works closely with the development and program committees to provide volunteers during events.

If this opportunity to volunteer interests you, please see Gary or Betty for an application.

Front Desk Ambassador Opportunity
Volunteer for a position that is vital to the Center. Sign up as a substitute to fill in when a regularly scheduled front desk ambassador is away.

Call Betty – 535-0803 x 100 to schedule training.

Welcome New Members!
Carolyn Dixon * Delila Draper * Sonia Hews
Karla Sammons * Sheron Stone * Ginger Edmonds
Linda Hooten * Linda Martin * Ginny McCoy
Dave and Ginny Pounds * Patric Saad * Vic Castlebery
Joy Ellsworth * Michael Foster * Joy Fradin
Debra Garrett * Nancy Goodspeed * Michael Harris
Kathy Hill * Elizabeth Jacobs * Susan Layton
Wes Lorier * Karen Marshall * Patricia Morgan
Anne Pearson * Anita Tuider
Come welcome them at the Tuesday March 15 luncheon.

Thanks to a few of our AWESOME Volunteers
♦ Keats McLaughlin for volunteering as security personnel for two upcoming events!
♦ Michael Poulin for work on the Facebook Page and website.
♦ Debbie Anderson, new member, for volunteering as “kitchen manager”. She makes sure the kitchen is clean, organized and meets all the health regulations.
♦ All the awesome front desk ambassadors.
♦ Barbara Haynes and Leslie Seamon for decorating the ballroom for the Valentine’s day “renew your vows” gala.

A Note From Gary
This month I want to talk about success.
What does success mean to you? According to the Webster Dictionary, success is “degree or measure of succeeding, a favorable or desired outcome and the attainment of wealth.”. All true, but it’s not the same for everyone! For me it’s my family, the smiles on my grandkids, my loving wife, our great kids and our health and happiness. Though I dream of winning the huge lottery jackpots, my success doesn’t depend on it.

It’s simple for me and I bet for most of you as well. The success of the Center is almost as simple. Since I started in May, I’ve seen a change in the feeling of the center, folks are returning, more people are volunteering, events are better attended and membership has increased.

Thank you for all your support, but more support of all kinds is needed. We need more members, a volunteer coordinator, folks to serve on committees, bartenders, garage sale help and donations of items and cash.

The success of the center comes down to a simple formula:

Volunteers + Donations + Participation = SUCCESS

Help make 2016 the most successful year in the history of SCC. Thank you.

Gary Turner, Executive Director

LOST & FOUND
LAST CALL: Claim your cell phone found Feb. 1 and a pocket watch left at last year’s Veterans Dinner. Check at the front desk or ask Betty.

NEED COMPUTER HELP?
CALL MIKE AT SENIOR CONNECT
“A SENIOR HELPING SENIORS”
Tune up computers and increase speed
Access the internet
Email and attach pictures
Over 30 years using computers
Ask about a Senior friendly computer
509-481-7259
IN THE SOUTHSIDE SPOTLIGHT

GALLOPING GOURMET

Galloping Gourmet is one of the longest running programs at the Center. One day Marge Masek, a long time member who has since moved to Olympia, was talking about seniors being lonely and depressed on Sundays because they had nothing to do. She thought it would be good idea to use the Center van and go out to dinner somewhere.

Marge said, “Florence, why don’t you give it a try. Do it a couple of times and then get someone else to do it.” This started Galloping Gourmet and Florence Haidle has been the leader for the past 20-plus years.

The van leaves the Center the second Sunday of each month at 3:30 p.m. to explore various restaurants. They’ve been all over town as well as to The Dockside, Tony’s Snake Pit, Klink's on the Lake, and The Harvester, just to name a few. Interest is still great and they have a full van with a waiting list every month.

This month on, March 13th, the group will go to Top of China Buffet, leaving at 3:30 p.m. and returning about 7. Sign up at the front desk.

Looking Ahead

Saturday & Sunday, April 2-3 - Ultimate Garage Sale; member pre-sale Friday evening April 1.
Sunday March 6 - $49 Club / Uniontown Sausage Feed
Wednesday March 23 - Mystery Lunch with Jo
Tuesday, April 19 - Luncheon to Honor Volunteers and Featuring Avista Energy Workshop
Late April - Transitions Seminar
“The Beauty of Letting Go”

Wii Bowling Anyone?

Spokane has many Wii bowling events and tournaments at senior centers and churches that are a blast to participate in. The sport is easy, fun and good exercise for all ages. So, let’s start some Wii bowling teams at the Center.

Even if you have never tried Wii Bowling or are already an avid bowler, we’d love to have you join us. We’d like to get two to four Wii teams with four members per team and additional members as alternates. Teams will meet weekly for practice and in-house competition.

If you are interested, please contact Gary or Denia at 535-0803 for more information or to register.

You can register a whole team, if you make your own; or register on your own to join a team. Single members are encouraged to sign up because we will find a spot for everyone. It will be lots of fun!

FREE Seminar: Money & Aging Parents
Transitioning Financial Management

When: Monday, Mar 7, 6:30 p.m.
Where: Moran Prairie Library 6004 S Regal St | Spokane
CPA Anne Mettler and Elder Law Attorney Lynn St. Louis teach how to handle issues that arise when an aging parent is unable to manage their finances. Topics include signs that a parent is having problems, tips for starting the conversation, and legal documents to ease the transition.

Plus, learn about government benefits available to seniors and how to protect assets when one needs Medicaid.

Aging & Financial Implications
Free Program on Planning for Housing
Where: Southside Senior & Community Center
When: Friday, April 8th from 2–4 p.m.
A program, created by Legg Mason in collaboration with Johns Hopkins and their Center for Innovative Care in Aging, takes you through housing options and how to evaluate what will work best for you and your family.
### Learn Texas Hold’em Senior Style
Need a refresher or have never played? Come and learn Texas Hold’em Senior Style. No blinds, just antes.

Group meets Wednesdays and Friday from 1 to 4 p.m. We have a good time!

Call Bill Staeb anytime @ 509-747-0704

### Games & More

#### Bingo
**Sunday at 1-3 p.m.**

#### CARD GAMES

- **Canasta**
  - Tuesdays 10 a.m.—Noon
- **Welcome Bridge**
  - Monday and Wednesday 1—4 p.m.
- **Friends Bridge**
  - Thursday 2:30 p.m.
- **Party Bridge**
  - Thursday 12:15—4 p.m.
- **Mahjong**
  - Monday and Thursday 12—3 p.m.
  - Friday 9 a.m.—Noon
- **Mexican Train**
  - Wednesday at 10 a.m.—Noon
- **Pinochle**
  - Friday at 1 p.m.—3 p.m.
- **Texas Hold’em**
  - Wednesday and Friday at 1 p.m.
  - Learn to play on Wednesday Noon -1:00 p.m.
  - Call Bill Staeb at (509) 747-0704

#### TABLE TENNIS

- **Ping Pong/Table Tennis**
  - Sunday 1:30-4:30 p.m. / Wednesday 6:30—9 p.m.

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### Scrabble Anyone?
Let’s bring Scrabble back. Fridays 10 am - 12 pm could be a possibility.

Please contact Denia at 509-535-0803 to sign up

### CLUBS & CRAFTS

#### Birthday Club Potluck
**Tuesday, March 29 / Noon – 1:30 p.m.**
March birthdays will be honored Tuesday March 29 at a potluck from 12-1 p.m. Bring a dish to share and if you have a February birthday, you can win a free ticket to any Center luncheon event. Harvard Park Retirement provides cupcakes for birthday “babies” of all months.

#### Book Club
**Last Thursday / 10:30 a.m. – Noon**
Book Club usually meets on the last Thursday of each month. Everyone is welcome. Call Kris Miller 624-2776.

- March 31 - “The Tortilla Curtain” by T. C. Boyle
  - “A good book has no ending.” R.D. Cuming

#### Care Bears
Every Monday / Noon -1 p.m.

#### Knifty Knitters
Every Tuesday / 1-3 p.m.

#### Knitwits
Every Thursday / 12:30-2:30 p.m.

#### Quilters
March 9 & 23 / Second & Fourth Wednesday / 1-3 p.m.

#### Red Hats
March 21 / 3rd Monday of the month 1-3 p.m.

#### Teal Ladies
March 3 / Every First Thursday / 10 a.m. – Noon

### Thanks for the donations ..

Harry and Janette Lippincott for a Hoover vacuum.

The Care Bears for two rolls of first class stamps.

Joni and Dave Bosworth for knitting needles and thread.
Health and Wellness

TAI CHI with Altari on Wednesday
9:50 to 10:50 a.m.
Cost: $5 per class/members; $6 per class non-members.

Chair & Foot Massage with Altari
Every Wednesday / 11:30 a.m. to 1 p.m. in the Lounge
$15/15 minutes $25/30 minutes
Sign up at front desk

Gentle Touch Foot Care
2nd & 3rd Monday 9 – 11:45 a.m.
Certified foot care specialist and registered nurse offers sessions for people with diabetes, thick toe nails, calluses and corns. Call the front desk to schedule an appointment.

Who are the "elderly"?
Excerpted from a NPR Story by Lori Grisham (with a few Southside notes)

Question? Who, when they get past the age of 60, wants to be called "elderly"? Today what do you call people past 60 or 70, or even 80 or 90? Or, more to the point, what do you like to be called?
The question becomes ever more relevant as people remain active and energetic due to improved health and increasing longevity. (One 90-year-old in Toni Kuder’s class, for example, can still touch her toes without bending her knees.)

Most of the time, we go with the inelegant and non-specific but also unobjectionable term "older adult." That's what seen most often now in gerontology and geriatric research.

Personally, I think I prefer "old people," in the same call-it-what-it-is spirit with which former ladies reclaimed "women" in the 1960s and former Negroes reclaimed "black people." However, this is distinctly a minority opinion. Most people don't want to be called old, even when they indisputably are by chronological age. I sneak the term in when I can. (It may or may not be relevant that I'm 63.)

Joanne Handy, the CEO of Leading Age California, a senior care advocacy group that represents more than 400 organizations for older adults, has said:
"Elderly" is definitely out as far as consumers. People seem to prefer three terms: "older adults," another is "seniors" and a third is "elders." Elders is more respectful than elderly, but it rubs some people the wrong way. It's so subjective.

There is, in other words, no one good answer. Adding another level of complication is that words change meaning over time. The sort-of favorite among the experts, "older people," may soon take on sour overtones. I see it coming. The problem is that we all want to live longer, but no one wants to be old, and certainly don't want to be called that.

What do you want to be called?
Do we need a new word? Let's talk.
AARP Smart Driver Classes - 2016

Last Tuesday of every month.
One day 8-hour class  8:30 am – 4:30 pm
Dates for the next two months are:
March 29        April 26

The cost is $15 for AARP members and $20 for non-members. Some insurance companies offer a discount for completion of this class. Sign up at the front desk.

Free AARP Tax Assistance

Tuesdays 2:00 PM - 5:00 PM
Saturdays 11:00 AM - 3:00 PM.
AARP Tax-Aide provides free tax counseling and preparation services to taxpayers. First come, first served.

Moran Prairie Library
6004 S Regal St, Spokane, WA 99223

For information, call Melissa at 509-993-1204 or go to www.DanceClassSpokane.com.

Ballroom Dance Classes

with Melissa Finke

Tuesdays / 6 p.m.: Ballroom  ~ 7 p.m.: Adv. Ballroom
Cost: $35 single; $65 couple; for 4-week classes.
For information, call Melissa at 509-993-1204 or go to www.DanceClassSpokane.com.

Variety Pak Dance

FRIDAY, March 11 / 7-9:30 p.m.
$8 for members $10 for non-members
Beer, wine, finger food, treats available!
Dance or listen to the sweet. swinging and rocking sounds of one of Spokane’s favorite five-piece dance bands. Enjoy music from the 20s through the 80s for your dancing or listening pleasure.

Some of the greatest lies ever told by your children!

“I forgot.” — “I’ll pay you back later.”
“It was like that when I found it.”

ROCKWOOD LANE

Retirement Community for 55+

Deluxe 1, 2, & 3 Bedroom Units & Private Villas
Indoor Pool & Spa  Fitness Center
Elegant Dining Room  Activities Galore!

Life at “the Lane” is Life made Easy!
www.RockwoodLaneRetirement.com

Call for a tour:
838-3200
### Easter is the only time of year when it’s safe to put all your eggs in one basket. **MARCH 2016 Events & Travel Calendar**

<table>
<thead>
<tr>
<th>Sunday</th>
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**TRAVEL**
- Uniontown Sausage Feed & Dahmen Barn
- Top of China Buffet
- Northern Quest Casino
- CDA Blues Festival

**BINGO**
- 1:00-3:00 p.m.

**TABLE TENNIS**
- 1:30-4:00 p.m.
- 6:30-9:00 p.m.
## March 2016 Events & Travel Calendar

### Daily Activities

<table>
<thead>
<tr>
<th>Thursday</th>
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<tr>
<td><strong>TEAL Ladies Meeting</strong>&lt;br&gt;10 a.m.—Noon</td>
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<td><strong>TRAVEL</strong>&lt;br&gt;Dinner at Orlando's&lt;br&gt;7:30 p.m.</td>
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<td><strong>TRAVEL</strong>&lt;br&gt;Men's Day Out&lt;br&gt;Berg Company&lt;br&gt;10 a.m.—2 p.m.</td>
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<tr>
<td><strong>BOOK CLUB</strong>&lt;br&gt;10:30 a.m.—Noon</td>
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### EVERY WEEK

**MONDAY**
- **Morning**
  - 8:30 & 9:40 Aerobics with Toni (ACT 2)
  - 11:00 Travels with Denise
  - 11:00 Senior Serenaders
- **Afternoon**
  - Noon Care Bears
  - Noon Mahjong
  - 1:00 Welcome Bridge
  - 1:00 Aerobics with Toni (ACT 2)
  - 2:00 Pilates/Yoga with Christine Erikson (ACT 2)
  - 3:30 & 4:30 Spanish Classes
  - 4:45 Breathing & Meditation with Lorri (ACT 2)
  - 5:45 Intermediate Yoga with Lorri
  - 6:30 Philosophy of Human Nature (ACT 2)
  - 7:00 Tai Chi with Jim McInnis (ACT 2)

**TUESDAY**
- **Morning**
  - 8:30 & 9:40 Aerobics with Toni (ACT 2)
  - 10:00 Canasta
- **Afternoon**
  - 1:00 Knifty Knitters
  - 1:30 Acupressure Series with Altari
  - 2:00 Chair Yoga with Lorri (ACT 2)
  - 3:15 Gentle Exercise with Phyllis (ACT 2)
  - 4:00 Therapeutic Cooking (Parks & Rec.)
  - 4:15 Zumba with Jonna Langevin (ACT 2)
  - 4:30 Pilates with Phyllis Bromley (ACT 2)
  - 4:45 Zumba with Jonna Langevin (ACT 2)
  - 6:00 Ballroom Dance Lessons with Melissa
  - 7:00 Adv. Ballroom Dance Lessons with Melissa

**WEDNESDAY**
- **Morning**
  - 8:45 & 9:50 Tai Chi II with Altari
  - 10:00 Mexican Train
  - 10:30 Balance in Motion with Nora Graebner (ACT 2)
  - 11:00 Aerobics with Toni (ACT 2)
  - 11:30 Chair and Foot Massage with Altari
- **Afternoon**
  - 1:00 Texas Hold‘em
  - 1:00 Welcome Bridge
  - 3:30 & 4:30 Spanish Classes
  - 3:30 Southside Body Conditioning with Toni
  - 5:30 & 6:30 Hula/Polynesian Dance

**THURSDAY**
- **Morning**
  - 8:30 & 9:40 Aerobics with Toni (ACT 2)
  - 10:50 Advanced Clogging
- **Afternoon**
  - Noon Mahjong
  - 12:15 Party Bridge
  - 12:30 Knitwits
  - 2:00 Chair Yoga with Lorri (ACT 2)
  - 2:30 Friends Bridge
  - 3:15 Gentle Exercise with Phyllis (ACT 2)
  - 4:15 Zumba with Jonna Langevin (ACT 2)
  - 4:30 Pilates with Phyllis Bromley (ACT 2)

**FRIDAY**
- **Morning**
  - 8:30 Drawing on Toned Paper with Sue (ACT 2)
  - 9:00 Aerobics with Toni (ACT 2)
  - 9:00 Mahjong
- **Afternoon**
  - 12:30 Open Art Multimedia with Sue (ACT 2)
  - 1:00 Texas Hold‘em
  - 1:00 Pinochle

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**SOUPER Monday**

$3.50 for Soup & Roll

Every Monday in the lobby
11:00 a.m. to 1 p.m.
WE DO TRAVEL ~ near and far

October 11 – 18

Paris to Normandy’s Landing Beaches

We’ve taken this amazing 8-day river cruise before, but it was $3149, not $1649! A perfect opportunity for anyone interested in beauty, history and being pampered. If you’ve never tried a river cruise, it’s like a 5-star all-inclusive resort… that floats!

Avalon River cruises are rated highest in the industry for value and quality. Included in the cruise price are luxurious accommodations, gourmet meals, wine on board, entertainment, daily shore excursions and special events. This special $1500 discount on all European river cruises will not last.

$1649 per person double occupancy as available in an E-grade stateroom, plus all air and $174 port charge; Single supplement available. See/call Denise Fanazick (324-6378) for round trip air. (Feb. 2016 air $1100)

Wednesday, March 23

Ale Trail & Dinner

Let’s visit a new brewery (or two) each month until we’ve seen all the 50+ local establishments. Great fun, no host dinner, good brew and camaraderie for all!

Driver: TBD Cost: $8m/$13nm, Includes transportation, valet parking, escort and driver. Leaving at 4 p.m. and returning about 7.

Wednesday, March 23

It’s Mystery Lunch with Jo

Everyone’s favorite lunch date, Jo Sepulveda, is bringing back her ever-popular lunch on the town. On the 4th Wednesday of each month gather your friends for lunch at a surprise location known only to her!

Driver: TBD Cost: $8m/$13nm, Includes transportation, valet parking, escort and driver. Van leaves at 11:30 a.m. and returns about 2 p.m.

Thursday, March 10

Bistro Dinner at Orlando’s

Join your friends to support Spokane’s up and coming chefs, and be a part of the culinary education at the Inland Northwest Culinary Academy. Often called “the area’s best kept secret,” Orlando’s is open for lunch a few days a week but this ($35) special 4-course bistro meal is worth every penny.

Volunteer Driver: Tom Zdroikowski Cost: $8 mem/$13 n-mem. Includes transportation, valet parking, escort and driver. Van leaves at 5:30 and returns about 7:30. Dinner not included.

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**Saturday, April 23**

**Figure Skating Competition Team Cup Challenge**

The inaugural **Team Challenge Cup** is a unique figure skating competition that will present the sport of figure skating to fans worldwide like never before! The ISU-sanctioned three-day event will feature 42 of the top figure skaters in the world competing in a continental team competition (Team North America vs. Team Europe vs. Team Asia). Our session includes two pairs and ice dance teams from each continent. They will perform their free skate and dances, working for a total team score that will carry into the evening’s Singles Free Skate.

**Driver:** TBD  **Cost:** $43m/$48nm. Includes (upper level) ticket, transportation, valet parking, escort and driver. Van leaves at 12:30 p.m. and returns after the event, about 7 p.m.

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**Sunday, March 20**

**Cd’A Blues Festival’s Gospel Brunch @ Dockside**

Soulful Blend will host a Gospel Brunch performing from 10:00 am to 12:30 pm in The Coeur d’Alene’s Shore Lounge. You’ll be spoiled by the Northwest’s premier Sunday Brunch, with gourmet and traditional offerings. There will be crème brulee French toast, a crepe and omelet bar and ripe juicy berries just to name a few. Fill your body with gourmet delights and your soul with inspiring music.

**Driver:** TBD  **Cost:** $54 mem/$59 non-mem. Includes brunch, concert ticket, escort and valet parking. Depart Center at 9:30 a.m. and return about 1 p.m.

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**Sunday, March 13**

**Galloping Gourmet, Top of China Buffet**

Volunteer escort/driver: TBD  Van Departs at 3:30, returns at about 7 p.m.  **Cost:** $8 mem/$13 non-mem.

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**Thursday, March 17**

**Men’s Day Out @ Berg Co.**

Berg uses innovative design and manufacturing processes to produce premiere camp solutions for customers worldwide.

Volunteer escort/driver: TBD  Van Departs at 10:00 a.m., returns at about 2 p.m.  **No host lunch.  Cost:** $8 mem/$13 non-mem.

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**Monday, March 28**

**Northern Quest Casino**

Our van will take you out to the casino at 10:00 a.m. and return at about 2:30 p.m.  **Cost:** $5 member/ $10 non-member.

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**Wednesday, April 13**

**Coeur d’Alene Casino**

The casino van arrives at 10 a.m. and returns at about 4:00 p.m.  **Cost:** $1.
**Surprise Trip 2016!**

Mark your calendars for

**July 19 ~ 21**

**Sunday, March 6**

**YOLO’s $49er Club**

**Uniontown Sausage Feed & Dahmen Barn**

This annual all-you-can-eat affair and visit to the charming Dahmen Barn is a day filled with fun, friends, delicacies and whimsical artwork. The Barn is filled with individual artists studios, so there’s something for everyone. The festival fare (included) offers home made sausage, sauerkraut, mashed potatoes, green beans, applesauce, pie and beverages. Beer garden is also available. **Driver: TBD**

**Cost:** $49m/$54 nm, Sausage feast, transportation, valet parking, escort and driver. Van leaves at 10 a.m. and returns about 4 p.m.

**Saturday, March 19**

**Sandhill Crane Festival**

Founded in 1998, the Othello Sandhill Crane Festival was designed to highlight the spring return of Sandhill cranes to the greater Othello area and Columbia National Wildlife Refuge. The three-day non-profit festival includes a variety of entertaining, educational and memorable activities for the whole family to enjoy.

**Driver/Escort:** Linda Barney  
**Cost:** $43 mem/$48 nm  
**Price includes lunch, event entrance ticket and crane viewing tour. Van leaves at 8:30 am and returns at about 9 p.m.**

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**August 27 ~ Sept 5**

**Alaska Land and Sea**

This 10-day adventure combines the “must-see” sights of Denali National Park and Alaska’s glacier-clad shores with the seldom seen wonders of the Yukon, including the historic White Pass & Yukon Route Railroad and colorful Dawson City with the expertise of a Journey Host to enhance your overland adventures. Your cruise begins in Vancouver BC, overland commences in Juneau and the tour ends in Anchorage.

**Group Leader:** Marnie McCoy  
**Cost:** $2585 Interior stateroom per person double occ.  
**Price does not include air to Vancouver or from Anchorage.**

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**June 22 ~25 (before any wildfires!)**

**Joseph, OR & Wallowa Lake**

Wallowa County is known as the little Switzerland of America... God’s Country... Tamkaliks (Nez Perce for ‘A place that makes you stand up and notice’). Once in Joseph (pop. 1100), tucked close the Wallowa range, you’ll wander quaint shops and tour the bronze foundry where most of the Northwest’s bronze art is cast. You’ll be astounded by Wallowa Lake’s crystal-clear water, cradling mountains and abundant and often tame wildlife. You can ride the Wallowa tram for lunch, take an optional hike in the mountains or take a leisurely ride on a 6-mile stretch of railroad track on a converted tandem bike. We will rent a new van to better handle the variable terrain. It will be amazing 3 nights and 4 days. Join us!

**Driver/escort:** TBD  
**Cost:** $444dbl/mem; $494 dbln-mem; Van leaves at 9:00 a.m. and return at approximately 6:00 p.m.
May 24 ~ 26

**Hell’s Canyon Overnight**

This two day 200-mile round trip jet boat tour includes an overnight, deep in Hell’s Canyon, at Copper Creek Lodge. After the first night at a lovely riverside hotel in Clarkston and an amazing breakfast, we’ll board the boat for a thrilling and interesting day on the Snake River. We’ll arrive mid-afternoon at Copper Creek where your rustic cabin deck overlooks the river and meals are served at the main lodge. You’ll spend the afternoon and evening “un-plugged” to swim, fish, explore the back country on nature trails, or snooze in the shade of the Trees of Heaven. Savor the serenity of nighttime in Hells Canyon where the moon and stars are jewels on black velvet. On this special trip we’ll ride the weekly mail boat which stops along the way at the homes of a handful of hearty locals.

**Group leader/driver:** Marnie McCoy, $545 dbl/member; $725 s/member; $95 ds/n-m; $775 s/n-m. Includes 2 nights lodging, jet boat tour, six meals, escort and transportation. **Great Price:**

August 15 ~ 18

**Whales, Wildcards & North Cascades Highway**

We’ll travel in a new van on Hwy 2 through Grand Coulee to Winthrop for one night in this charming western-themed town. On Tuesday we’ll meander over the North Cascades highway to Bellingham via Chuckanut Drive and settle in our deluxe accommodations with hosted dinner. The next day there’s breakfast and a full day of whale watching, a hosted lunch and a visit to Friday Harbor on San Juan Island. Back at the hotel, enjoy another hosted dinner, try a little gaming with your freebies or just relax with friends on the last night of our adventure.

**Driver/Escort TBD** Cost $699 dbl/mem ~ $749 dbl-nm, $923 $899 s/mem; $949 s/n-mem. Cost includes transportation, whale watching, 7 meals, escort and three nights deluxe lodging.

March 1 ~ 2

**Quinn’s Hot Springs**

A special package for cozy king-bed lodge rooms, 4-star dinner off the menu and incredible breakfast with unlimited soaking. Add $15 for two-bed cabin.

**Driver:** Marnie McCoy  
**Cost:** $239mem-ppdo/$289nm, $374 mem-ppso/$424 nm. Van leaves at 9 a.m. and returns about 5 p.m.

July 9 ~ 12

**Mt. St. Helens & Mt. Hood**

An exiting trip with so much to do...

- Travel to Hood River via the Toppenish Murals and Maryhill Museum
- Spend the night at the historic Hood River Hotel
- Window shop and watch wind surfers in scenic Hood River
- Indulge in an included 3-course champagne brunch on the Mt. Hood Train
- Enjoy fabulous views of majestic Mt. Hood through the train’s glass ceiling
- Travel to Castle Rock where the Mt. St. Helens adventure begins
- Visit the crater lookout and see the growing dome within
- Learn of the devastation and regeneration of the fascinating volcano
- Spend the day hiking or just taking in the enormity of the scene
- Rest and relax in Castle Rock before your journey home
- Travel home via Chinook Pass and Mt. Rainier if time allows.

**Driver/Escort TBD** Cost $687 dbl/mem ~ $737 dbl-nm, $923 s/mem ~ $973 ppso-nm. Cost includes transportation, tours en route, park entrance, gourmet breakfast train on Mt. Hood, and three nights deluxe lodging.
July 25 ~ August 1 (extension available) **

Great Cities of the Eastern U.S. & Baseball too!

Something for everyone in the family! Take your grandkids and widen their horizons! U.S. history galore and the rich history of our national pastime, baseball. In Washington DC experience the many famous landmarks and attractions on your guided sightseeing tour. Before leaving the Capitol City enjoy a behind-the-scenes look at the Nationals Ballpark. Travel to the “City of Brotherly Love” – Philadelphia and see the Liberty Bell and Independence Hall. Visit Boston, and America's most beloved ballpark, Fenway Park home to the Boston Red Sox before heading to New York City, which offers unforgettable sightseeing, activities, shopping and dining. In the “Big Apple” experience legendary Yankee Stadium before taking in a NY Mets game at Citi Field.

$1,749 per person double occ. single supplement available, $50 discount incl. $205 off per person in triple room. Journeys Members receive 5% discount. See/call Denise Fanazick (324-6378) for round trip air.

October 24 ~ November 2, 2016

Icons of India: **

The Taj, Tigers & Beyond

Small-Group Discovery – with only 20 travelers in this group allows you to truly immerse yourself in the destination and local culture. From visits to several UNESCO World Heritage Sites and cultural interactions with locals to exciting wildlife encounters, this fascinating tour of India won’t disappoint. Start in Delhi, India’s capital city. Here visit Humayun’s Tomb and take a rickshaw ride through Chandni Chowk, a colorful local bazaar. Also enjoy a cooking demonstration and talk on Indian cuisine with a local chef. In Agra, visit the incomparable Taj Mahal at sunrise including a tonga (horse-drawn carriage) ride. Continue your adventure with three safari drives in Ranthambore National Park and have the chance to see native wildlife, including the elusive leopard and Bengal tiger! In Jaipur, visit the magnificent Amber Fort and dine with an Indian noble family at their home.

*Add seven days to your tour and see Mumbai and Cochin in Southern India for just $910. Many other options are available from Hong Kong to Kathmandu!

$2,364 per person double occupancy; Single supplement available. See/call Denise Fanazick (324-6378) for round trip air (Jan. 2016 air $1500 with just 2 stops, Seattle and Amsterdam).

**Difficulty Rating System**

(*) Suitable for all ages and abilities. Must be ambulatory, able to board and disembark from the van.

(**) May encounter uneven ground, a few stairs and longer excursions.

(***) Need to enjoy a strenuous walk an hour at a time. Days may be long and tiring.
April 9 ~ 23, 2016**
Grand Tour of Spain

Get to know multifaceted Spain on this exciting vacation. Start your journey in Madrid, the country’s grand capital. Visit the Aranjuez Royal Palace, marvel at the Cuenca “hanging houses,” and explore the ancient winding streets of Valencia. Drive along the Mediterranean Coast and stop at Peniscola Castle on the way to beautiful Barcelona. Travel through Catalonia, stop in Saragossa, and continue to Pamplona, known for running of the bulls.

Carry on to Basque Country and visit San Sebastian, the port city of Bilbao, and Burgos. The heart of Spain reveals even more stunning cities, such as Segovia, Avila, and Salamanca, known for their unique historical centers and acclaimed wine production.

Next, head south into sunny Andalusia for two overnights in spectacular Seville. Sample sherry wine in Montilla. Stop in the white-washed village of Ronda; visit the exotic Alhambra complex, residence of Moorish kings, in Granada; enjoy the labyrinth of Cordoba’s old Moorish quarter surrounding the exquisite Mezquita; and retrace Don Quixote’s footsteps as you travel among the windmills and castles of La Mancha. Back in Madrid, enjoy two final overnights and guided sightseeing of this elegant city.

May 3 ~ 18, 2016, 15-day**
Panama Canal Cruise

A dream more than 400 years in the making, the Panama Canal opened in 1914 and this epic man-made marvel changed the world in the process. The result of several nations’ historic efforts, the Panama Canal is truly a once-in-a-lifetime adventure. The massive locks control the level of water in the Canal enabling ships to pass through this 51-mile “water bridge.” This entire trip takes about nine hours. Ships are lifted and lowered a total of 170 feet as they pass from the Caribbean to the Pacific, crossing over the Isthmus of Panama and straight through the Continental Divide. This 15-day Holland America voyage starts in Ft. Lauderdale, stops in five countries and ends in San Diego.

Interior staterooms start at $2,987 pp/do. Airfare and additional nights before or after the cruise not included.

“Travel makes one modest. You see what a tiny place you occupy in the world.” – Gustave Flaubert

September 30 ~ October 8, 2016**
New England Fall Foliage

New England is steeped in history and known for its amazing fall foliage. On this vacation you’ll have a chance to experience spectacular beauty and historic places. You’ll visit a living museum simulating life in an 1800’s New England coastal village, a living history museum of Vermont’s rural past and a Boston sightseeing tour with landmarks that are pivotal to United States history. Marvel at the scenic drives and stunning fall colors full of blazing red, orange and yellow leaves. You won’t regret it!

$2,348 per person double occ. single supplement available. Journeys Member receive 5% discount. See/call Denise Fanazick (324-6378) for round trip air.

Travel Talks With Denise

Most Mondays, 10:30 ~ 12:30
Call for an Appointment
ULTIMATE Garage Sale * April 3-4

Now is the time for ———

♦ Decluttering
♦ Spring Cleaning
♦ Downsizing
♦ Simplifying

Bring all that stuff that’s not useful to you anymore to the Center now and volunteer to help.

We really need it for the garage sale.
Call Gary (535-0803) for help with larger items.

THANKS!!!